

Our Course Schedule

All of our calls take place on Thursdays from 7-8:30pm



1. Orientation Call September 30th
2. Habit One October 7th
3. Habit Two October 14th
4. Habit Three October 21st
5. Habit Four October 28th
6. Habit Five November 4th
7. Habit Six November 11th
8. Habit Seven November 18th
9. Habit Eight November 25th
10. Habit Nine December 2nd
11. Habit Ten December 9th
12. Wrap Party December 16th

You can 'binge listen' to our recorded calls during the course :)
Squeeze every drop out of our sessions!

Cathy